



# Feng Shui Organization Color & Design

*Nurturing the Soul & Spirit*



## Upcoming Classes

**Gentle Yoga with Relaxation**  
April 27th-June 1st, 6-7 pm

I will be offering a yoga series at The Nashua Country Club on Thursday evenings. This program is done seated and no special clothing or equipment is needed. The practice focuses on increasing strength, circulation, flexibility, and relaxation. You'll experience about 40 minutes of movement followed by a guided relaxation and meditation. This program, called RxRelax®, was developed by Terry and Jay Gupta. Cost is \$10 per class. Bring a friend or family member and it's just \$5 each. Note there will be no class on May

## Spring's Awakening

With warmer weather in the Northeast, we are moving from the dormancy of winter into the freshness of spring.

If you are sensitive to energy, you might feel an expectancy this time of year, amplified by this week's full moon.

If you are ready to refresh your home and it's vitality, open the windows and let that fresh air in. A top to bottom spring cleaning and decluttering can help get stagnant energy moving too.

As you transition from winter to spring to summer, it's

11th. Please preregister by emailing [LisaLaw@LisaLawDesignServices.com](mailto:LisaLaw@LisaLawDesignServices.com).

## Oracle Card Lunch & Learn April 28th, Noon-1:30 pm The Nashua Country Club

The Happy Space Lunch and Learn is pleased to host our friend, Carmen Lesieur. She will share what oracle cards are and how to use them for spiritual messages and direction. Cost with a healthy lunch is \$25. Carmen will stay after for anyone wanting a free one-on-one reading.

## Learn The Function and Flow of Feng Shui April 29th, 2-4 pm The Nashua Country Club

Would you like your home or office to feel and function better? Would you like to make changes, but don't know where to start? Join the Feng Shui Discussion Group for a fun and informative program on the benefits of Feng Shui. Cost is \$15. Please preregister by emailing [LisaLaw@LisaLawDesignServices.com](mailto:LisaLaw@LisaLawDesignServices.com).

Would you enjoy a one-on-one Feng Shui or decluttering consultation to help refresh your home this spring? Please give me a call at (603) 566-6109.



Did you know that you can follow [Lisa Law Design Services on Facebook](#) for weekly Feng Shui Tips and inspiration?

a great time to give away or sell anything not used in the previous season. Evaluating and cleaning out regularly, helps your home evolve as you do and gives you space for something new.

Right now, nature is in her most creative time of the year. Are you feeling the need to express yourself with a new hobby or activity? It's ok to repurpose an area of your home to support your new interests. Tapping into nature can help your own passions bloom.

The outdoors can help inspire your decor as well. Items you collect like shells, plants, crystals, and pictures of your favorite places bring Earth's peaceful energy inside. Using the fresh colors of spring, may help you connect with her hope and wonder.

Nature has her cycles. We learn from her to flow with change. She shows that even after the bareness of winter, the trees still bud, the flowers still bloom, and her heartbeat moves us all along. Perhaps, tapping into these peaceful rhythms is just what you need right now.

I hope your spring is full of sunshine!

In love and light,

Lisa

My father was my guest on the latest episode of "The Sharing Room." I hope you enjoy our discussion about our family's history in the ski business. [Click here](#) to watch the video.

# Thank You

Thank you to the Amherst and Merrimack Garden Clubs for hosting me in March. I enjoyed sharing "Feng Shui Inside and Out" with you!



Thank you to everyone joining us for the Rest, Relax, and Restore Retreat at the Mt Washington Hotel. What a fun weekend of sharing!

Do you have a club, group, or organization who would enjoy Feng Shui, Decluttering, Mindfulness, or Meditation? I'd love to work with you. I also offer home parties for you and your friends. Please email me for more information.

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