



# Feng Shui Organization Color & Design

*Nurturing the Soul & Spirit*



### **Learn about Feng Shui**

Saturday, February 6th  
10 am-Noon  
The Nashua Country Club  
Nashua, NH

Have you heard about Feng Shui and wanted to learn more in a relaxed, supportive environment? Then please join us for this hands-on workshop! Lisa will give an overview of Feng Shui's basics, teach you simple ways to improve your spaces, and answer your Feng Shui and design questions. You'll learn about



## Love in All the Right Places

With Valentine's Day just around the corner, perhaps your

de-cluttering and practice using Feng Shui tools such as the Bagua to empower your relationships, abundance, health, and other goals. Please bring sketches of your home's floor plan and any pictures of spaces you'd like to talk about with the class. Cost is \$25. Please email [Lisa](#) to register.

**Meditation for the Busy Mind**

Tuesday, February 9th & 23rd  
7 pm  
The Nashua Country Club  
Nashua, NH

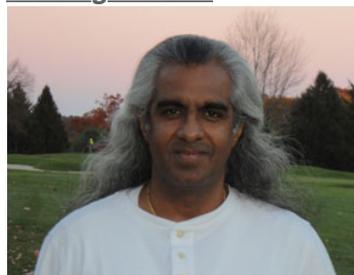
Have you heard about the benefits of meditation but were unsure you could sit still and do it? Join Lisa for guided mindfulness meditations designed for peace and relaxation. She'll help you develop simple practices that will quiet your busy mind. Cost is \$15. Please email [Lisa](#) to register.

**Lunch & Learn**

Friday, February 19th  
11:45 am-1 pm  
The Nashua Country Club  
Nashua, NH

Join us for a fun and informative spiritual discussion in a relaxed and supportive atmosphere. Cost is \$25 which includes a healthy lunch. Please email [Lisa](#) to pre-register.

**Coming Soon...**



thoughts have turned to romance? Are you looking for a new relationship or just wanting to strengthen an existing one? Working in your environment is a great place to start and Feng Shui can help you.

If you are looking for a new relationship, consider whether your spaces are set up for two people or a single life-style. What messages do your artwork and furnishings send about who you are and what you really want? Has your environment evolved as you have? Your environment often mirrors the inner and outer you.

My friend shared this Feng Shui account of her dating life and how Feng Shui helped her. "Recently divorced after a 20+ year marriage, I found myself back in the dating world. I wanted to date different men, but did not want an exclusive relationship. I quickly found myself dating two men at the same time. This was fun for a while (and they both knew the situation), but then I ran into trouble. They both started to text or call me at the same time (or one right after the other), wanted to get together on the same nights, and I seemed to be pulled in two different directions. I started to feel confused and overwhelmed.

I heard that in Feng Shui it is important to look at a person's bedroom to see what kind of relationship message the person is conveying. If a person has one nightstand, one lamp, or pictures of a single person, then this conveys a desire to stay single. If the person is interested in a relationship with another person, there should be two of everything—two nightstands, two lamps, and pictures or items that convey pairs.

I looked around my bedroom, and what did I see? Everything was in threes! I had three big pillows on my bed and three little pillows. I had three groups of candles and other random groups of three items scattered around my bedroom. Not wanting to end both relationships entirely, I eliminated most of my groupings of three and changed them to twos instead. Immediately, my time with my two men became more staggered and I found the relationships more peaceful. Eventually, I decided it best to date only one man

Spiritual and Meta-Physical Master Umesh Nandwani of Singapore will be back in New England this spring offering his internationally renowned “Awaken-The Divine You” Program at the Steven’s Estate in North Andover, MA. He will offer a series of inspirational workshops and meditations designed to help you move forward on your life’s path.

Soul Connection Meditation, March 31st, From 7-9 pm

Meditation & Beyond Workshop, April 1st, From 10 am–6 pm

“[Awaken-The Divine You](#)” Program, April 2nd – 7th, From 10 am-6 pm

For more information, please email Fatima at [mfd88@live.com](mailto:mfd88@live.com).

at a time and eliminated the remaining groups of threes. Now, one has faded away, and life is much less complicated!”

If you are like my friend and have now moved out of the dating arena and into a long-term relationship, Feng Shui can enhance it. Pictures of happy times together and spaces dedicated to both individual’s interests and goals can help support you and your relationship over time.

If you’re interested in learning more about romance and Feng Shui please join us this Saturday, February 6th, from 10 am-Noon. We’ll talk about how all aspects of life are represented in your environment. I’ll offer simple suggestions to help improve the energy in your relationships, career, health, finances, inner wisdom and overall well—being. I hope you’ll join us for a fun and informative workshop!

In love and light,  
Lisa

## The Year of the Yang Fire Monkey

A year of expansion is ahead! Learn more about 2016 in this insightful article by my Feng Shui teacher Karen Abler Carrasco from the [Western School of Feng Shui](#).

## Help with Clutter Removal

Do you have boxes or bags of items that you haven’t had

time to bring to Nashua area charities or consignment stores? [The Clutter Concierge](#) is at your service! For \$10-\$25 (depending on the number, size, and location of your items), they will pick up your unwanted things and deliver them to the location of your choice.

You can feel good about de-cluttering and helping a disabled adult work in the community. For more information, please contact [declutterconciierge@gmail.com](mailto:declutterconciierge@gmail.com).

# Thank You

Thank you to the Toadstool Bookshop in Milford, NH for hosting a book signing for me in January. It was fun sharing Feng Shui with all of the attendees!

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