



Feng Shui Organization Color & Design

Nurturing the Soul & Spirit

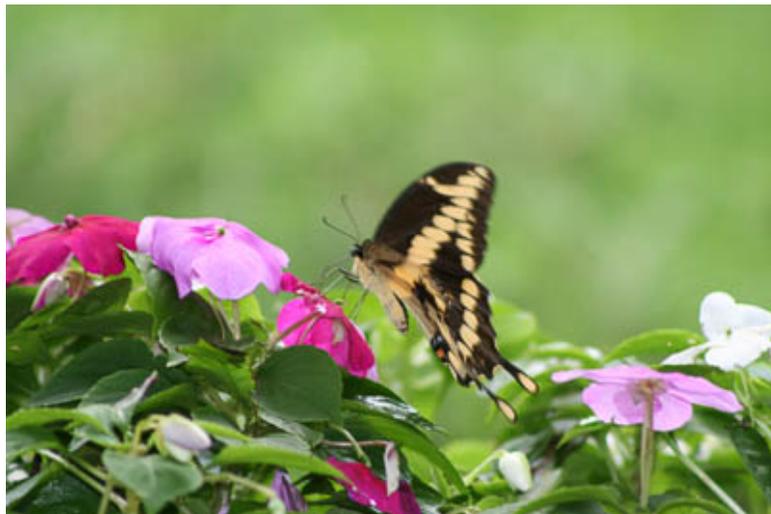


Wine, Women and Song

May 27th, 6 pm

Paper & Roses
16-20 Depot Square
Peterborough, NH

You are invited to a comfortable evening of positive thinking and de-cluttering. Lisa will lead a fun, easy and informative discussion. Light supper will be served. Evening Cost: \$25. Hosted by Betsy Gilcreast. Please RSVP to Betsy at (603) 924-1333 or paperandroses@gmail.com.



Outdoor Spaces

As the flowers bloom and the grass grows greener, thoughts turn to spending time outdoors. Spring is a great time to be outside connecting with the peacefulness of nature. You are much more likely to

Healing Your Environment

May 28th, 6:30-8 pm
YCD Holistic Healing
1 Prospect Street
Nashua, NH

Your environment can be used to support and nurture healing. Lisa will share how the thoughtful use of artwork, furnishings, colors, natural elements and Feng Shui can enhance wellness and promote healing. She will share simple, inexpensive ideas that you can incorporate in your home and treatment spaces. Focus will be given to both nurturing your own personal health as well as the people you work with. Lisa will tailor the class to the interests of the participants and will provide fixes for your individual spaces. Cost \$40. Pre-Registration required at YCDHolisticHealing.com.

Your Home, Your Oasis

June 4th, 7- 9 pm
Divine Healing
Nashua, NH

Your home is your sacred space. Feng Shui has been used for centuries to improve the flow of energy in the environment and the individual. Lisa will share how practicing Feng Shui can improve all areas of life in simple, easy to implement ways. Participants will practice using Feng Shui concepts and Lisa will help identify and solve your design dilemmas. Cost \$45. Please email Lisa to pre-register.

be outside and enjoy its benefits if you have favorite places to go.

The principals of Feng Shui can apply to your home's landscape and yard. Patios and decks can become dining and living rooms and much loved places to gather. Comfortable furnishings and pleasant views will help you maximize your enjoyment of these spaces.

Having well defined work areas separated from your restful spots, will help you establish boundaries on your work time. Putting tools and equipment completely away, will keep those items from talking to you and calling for you to use them more.

Your home's front door is considered your mouth of chi, where energy enters your home. A new door mat and cheerful flowers, will welcome you, your guests and chi into your spaces.

Items in high traffic areas interact with you the most. The thoughtful placement of your belongings can help remind you to smile, laugh or unwind.

As with the interior, you will feel more calm and relaxed if you remove clutter and peck away at unfinished projects. Consider starting where you want to sit and relax the most and prioritizing your tasks out from there.

If you don't have a yard or adjoining landscape to enjoy, decorating with favorite pictures of nature, healthy plants, and items found outside like shells and pinecones can bring their positive energy into your environment.

Scheduling time to go to parks, the beach or other favorite outdoor places can help restore you on the deepest levels. For anyone living in Southern New Hampshire, many lovely parks, walking trails and



Spiritual Lunch

June 5th, 11:45 am-1 pm

The Nashua Country Club
Nashua, NH

Are you looking for a fun, positive way to spend your noon time? Come enjoy a light hearted talk, lunch and spiritual connection. June's speaker is Nashua native and author David Mackey. Dave will share stories from his experiences with spirit. RSVP to a [Lisa](#) to reserve your spot. A healthy lunch is included. Cost \$25. Please bring business cards for sharing and networking.

gardens nearby await you. One of my favorites is Beaver Brook Association in Hollis-offering more than 2,000 acres for all to enjoy. They were featured on my most recent episode of "The Sharing Room". ([Watch here](#)).

If you would like help rethinking your outdoor living spaces or ways to bring more peace and tranquility to your home and life-style, please give me a call. I'd be happy to help you

In love and light,

Lisa

Feng Shui and Home Staging

Are you getting ready to sell your home? Do you need help decorating, choosing paint colors or ideas for easy updates? Consider staging with Feng Shui. I consult regularly with Realtors and home sellers. My Feng Shui staging workshop is now available online through the Western School of Feng Shui. [Click here](#) for more information and to view it.

Speaker Needed?

Do you enjoy the topics in this newsletter? I'm available for workshops and programs on Feng Shui, de-cluttering, relaxation, being positive, meditation and many other topics. I'd love to meet with your group or workplace to share more.