



# Feng Shui Organization Color & Design

*Nurturing the Soul & Spirit*



## ***Feng Shui Talk and Book Signing***

Thursday, December 3rd  
7 pm  
The Nashua Country Club  
Nashua, NH

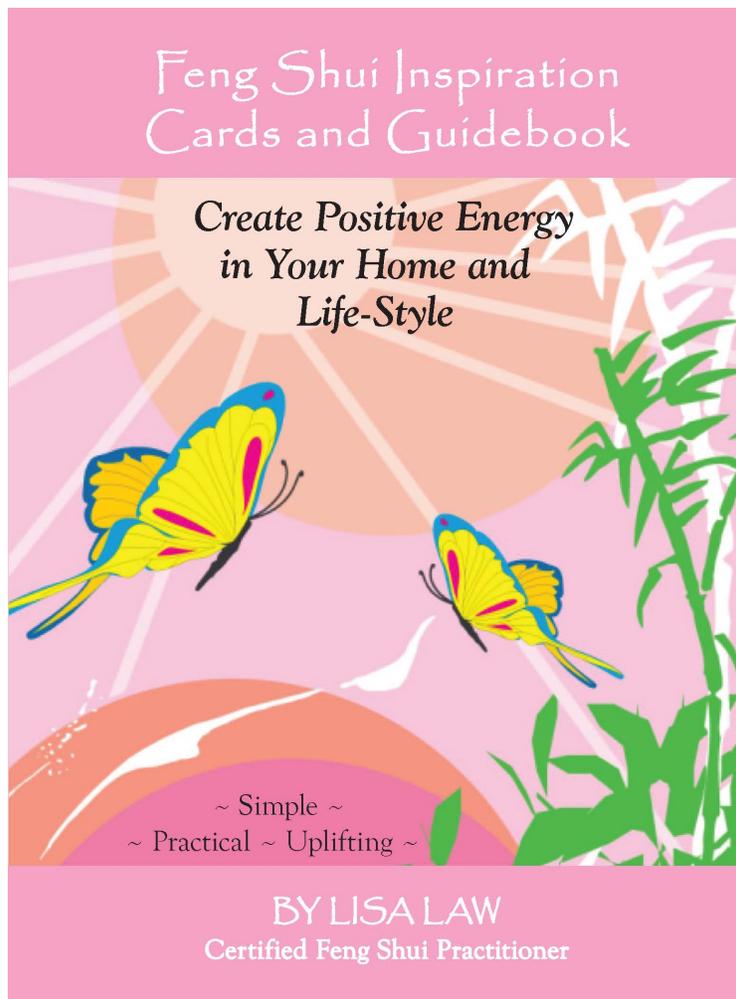
Join us for a very special evening as I present Feng Shui and my new book, [\*Feng Shui Inspiration Cards and Guidebook: Create Positive Energy in Your home and Life-Style\*](#). I'll give an overview of Feng Shui and talk about the creative process that led to this project. Books will be

available for purchase afterwards and I am happy to sign them. RSVP's appreciated by emailing [me](#). If you are not able to attend, but would still like a copy of the book and cards, they are available for purchase on my on my [website](#).

**Meditation for the Busy Mind**

Tuesday, December 1st  
Tuesday, December 15th  
7-8:30pm  
The Nashua Country Club  
Nashua, NH

Are you interested in learning deep relaxation skills? Have you heard about mindfulness but wondered what it is? Come for guided meditations and learn routines to help calm your busy mind. Cost is \$15 for each class. Please email [Lisa](#) to preregister.



**Festival of Angels**

Sunday, December 6th  
10 am-4 pm  
Crowne Plaza Hotel  
Nashua, NH

Divine Healing is presenting the 7th Annual Festival of Angels. Come by for readings and to meet a wide variety of vendors and healers. Visit me at the author table to say hi and to

## Book Launch

I hope you had a wonderful Thanksgiving and your holiday season is off to a festive start!

It's been a very exciting few weeks for me. I just finished my first Feng Shui book and Inspiration Cards. This project started more than two years ago during a day of silence at a spiritual program in Phuket, Thailand. I've had the opportunity to study spirituality, meditation, and energy in Nepal, India, Thailand, Bali, Peru, Chile and the United States through a series of programs called "Awaken-The Divine You".

By traveling to sacred energy centers, meeting people from around the world, and completing many

meet other local authors. I will have my books for purchase and a raffle for a two hour in home consultation.

extraordinary classes, my understanding of myself, others, and Feng Shui expanded incredibly. In 2013, I spent 5 weeks in Asia and was invited to teach Feng Shui and offer consultations in Singapore. It was a really fun experience and I learned that no matter where I am people ask the same questions and want the same information.

My book and cards grew out of my friends and students world-wide asking for me to write an easy Feng Shui book with modern appeal similar to my workshops. The type of Feng Shui I teach is called “Essential Feng Shui” developed by the Western School of Feng Shui. It honors ancient Eastern traditions while incorporating Western ideals of personal empowerment. In developing [\*The Feng Shui Inspiration Cards and Guidebook\*](#) I wanted to share Feng Shui’s basic principles and combine meditation, spirituality, and what I’ve learned in all of my travels. They are an introspective tool—helping you see your environment and your life-style from a new perspective. They offer simple and often inexpensive changes that have a large impact.

It’s been a joy working on this project and I look forward to sharing it with you! I hope you’ll join me on Thursday evening for a Feng Shui talk and book signing. (See the events section for details.) If you’re not able to attend, [\*The Feng Shui Inspiration Cards and Guidebook\*](#) are available for sale on my [website](#).

Sending you love and light,  
Lisa

## Being Thankful

I found that Thanksgiving inspired talk and thoughts about being thankful in my circles of friends. Haven’t you noticed that if you feel grateful it’s difficult to feel angry, sad, anxious or other negative emotions? If you’d like to keep this positive energy going, consider

a thankfulness journal. Jotting down a few items each day that you are grateful for can help you stay more positive.

## Thank You

Thank you to the Natural Living Expo and the Greater Manchester and Nashua Board of Realtors for hosting workshops this November. I really enjoyed meeting you and sharing Feng Shui and Organizational Tips with you! If you are just joining this newsletter, welcome!

## Coming Up in December's Newsletter

Feng Shui party advice and strategies to stay balanced through the holidays. If you have Feng Shui or De-Cluttering questions, please email [me](#). I'll include the answers in upcoming newsletters.

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