



# Feng Shui Organization Color & Design

*Nurturing the Soul & Spirit*



## Upcoming Classes

**Preparing Your  
Home for Sale  
October 8th  
3:30-5 pm**

Are you getting ready to sell your home and want it to look it's best to potential buyers? Come learn about staging and how incorporating Feng Shui will help your home stand out in this crowded real estate market. [Register](#)



## Heartbeat of Gaia

I've just returned from 2 ½ weeks in Peru and Chile and an "Awaken-The Divine You" Master's retreat. We had an amazing time learning about Peruvian

## **Freedom From Clutter**

**October 23rd**

**6:30-8 pm**

Feeling scattered? Always trying to find things? Don't know where to start? Lisa will share the deeper meaning of the stuff we hold onto and give you tips and inspiration to get organized once and for all! [Register](#)

## **Introduction to Feng Shui**

**November 22nd**

**10:30 am-Noon**

Lisa will give an overview of Feng Shui philosophy, show how to use traditional Feng Shui tools, and teach ways to improve the flow of positive energy in your home and life-style. You'll be given at least 10 simple, inexpensive ideas that you can implement immediately into your spaces. [Register](#)

## **Advanced Feng Shui Topics**

**November 22nd**

**1-2:30 pm**

Bring your floor plans and pictures of your projects. In this hands on workshop, you'll practice using the Bagua, balancing the elements and using other Feng Shui improvements for your spaces. [Register](#)

culture, the Incas, and seeing their spectacular historic sites. We visited Macchu Pichu and many other ruins around Lima and Cusco. The Inca were incredible engineers, architects and astronomers.

The natural beauty of the Andes Mountains and the scale of their sacred places took my breath away.

During our program, we had a five day meditation retreat in the village of Pisac located in the Sacred Valley. Our hotel was surrounded by mountains and farmlands, where they grew corn and potatoes. The rush hour each day was when the cows and sheep were herded down the street past our hotel!

In our day of silence, we were encouraged to spend time outdoors taking in the beauty and peaceful energy of our surroundings. As I spent time connecting and listening to nature, these are the words I heard:

### **Heartbeat of Gaia**

Feel my heartbeat dearest one. It beats in time with yours.

My heartbeat flows in and around you. Just take the time to listen.

My love comes to you in the gentle caress of the wind. It flows in the pure water of the stream and in the sunlight on the mountains.

My love is in the hummingbird drinking nectar from the flower and in the roots taking nutrients to the leaves.

As you walk upon me, open your heart and feel me, dearest one. My heart is your heart and together we beat as one.

I hope you have a chance to get outside this fall and connect with nature, too!

**Feng Shui, De-  
Cluttering &  
Balanced Living  
Discussion Group  
October 1st,  
November 5th and  
On-Going  
6:30-8:30 pm**

Come discuss your design challenges and successes with this fun like-minded group. You'll be given fun, easy to implement assignments and the support needed to make positive changes in your environment.

Classes are held at YCD Holistic Healing, 1 Prospect Street, Nashua. Advanced registration required at [YCDHolisticHealing.com](http://YCDHolisticHealing.com) or by contacting Lisa at (603) 566-6109.

With love and light,

Lisa

# Thank You



Thank you to the New Hampshire Association of Realtors for inviting me to speak at your annual conference at the Mount Washington Hotel. You were such a fun audience and I really enjoyed sharing Feng Shui and home staging with you!

If you are ready to sell your home or your house is currently on the market, I hope you'll attend "[Preparing Your Home for Sale](#)" on October 8<sup>th</sup>. You'll get lots of simple inexpensive tips and inspiration to help your home stand out in this crowded real estate market. I'm also available for in-home consultations.

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