



Feng Shui For Balanced Living

Making a Difference

I recently started volunteering at the Humane Society offering the dogs Reiki.

My dad came over after my first day and asked how it went. I shared with him how good it felt helping a few of them, but it was hard not having time to help them all.

He listened and then started telling me the starfish story. He said: "There was a big storm and thousands of starfish washed up on a beach as far as the eye could see.

A young boy was happily picking them up one

at a time and putting them back in the ocean.



Along came an old man who said to the boy, "What are you doing? There are thousands of starfish. What difference are you going to make?"

The boy picked up a starfish brought it down to the water, came back and said, "I made a big

difference for that one."

I love that story. It reminded me to enjoy each moment with the dogs and to know that one at a time, I am making a difference.

As my dad left that night, he said, "I'm sure the dogs love spending time with you. Can you imagine if everyone picked up a few starfish like you do? The world would be a different place." Thanks, Dad!

Wishing you a happy March. In Love & Light. -Lisa

Do Your Spaces Restore You?

Are you on-the-go? Are you feeling stressed? Consider balancing your environment with Feng Shui. Some small changes can have a big impact on how you feel in all areas of your life.

Your bedroom is your area of restoration and romance and is a great place to

start. Furnishings, peaceful textiles and artwork can help promote a feeling of calm and rest.

De-cluttering and helping your work spaces function well, will go a long way toward supporting your daily routine and reducing stress.

Outdoor spaces dedicated to rest and relaxation can help you unplug and unwind from your day. Just remember to leave your cell phones and gadgets inside!

Need help getting started? Give me a call for an in-home consultation or come to one of my workshops. I'd love to help you!





LISA LAW DESIGN SERVICES

603 566-6109

LisaLaw@LisaLawDesignServices.com
www.LisaLawDesignServices.com

27 Airport Road
Nashua, NH 03063

Spaces that Nurture
The Soul and Spirit

Feng Shui at Work

Working with Lisa to Feng Shui my personal training studio was educational, fun, and very helpful. Lisa offered many excellent ideas – both small and more significant - on ways to change my environment that will make it more welcoming, comfortable, and even more efficient.

Lisa is extremely knowledgeable and so easy to work with. I was impressed with the range of ideas she provided, and how quickly new ideas popped into her head as we evaluated the studio. Lisa made the process enjoyable; it is obvious that she not only is great at Feng Shui room design, but loves doing it.

*I am looking forward to implementing many of Lisa's suggestions and know that my business and clients will benefit!" -Margorie Morse,
Nashua, NH*

Thank you to Ikebana Flower, the Holistic Self Care Center and the Nashua Rotary Club for hosting Feng Shui workshops in February! I enjoyed sharing Feng Shui with you!

"Successful people don't wait until they are perfect. They move ahead anyway"
*-Dr Alan Cohen,
Hay House Radio*



Spring Cleaning?

Are you cleaning your garage or basement? Habitat for Humanity is opening a Habitat ReStore at 352 Amherst Street in Nashua to sell new and gently used home items. They are accepting donations of new and used home accessories, furniture, building and plumbing materials and appliances. Store proceeds will support Habitat for Humanity projects in the area. Call (603) 493-8980 for more information.

I'm headed to India, Thailand, Singapore and Bali in Mid-March for a series of spiritual retreats. I look forward to sharing my adventures with you in the May newsletter! To learn more about the program I'm doing, visit www.goldenspace.com.