



Feng Shui For Balanced Living

Reiki & Unexpected Gifts

I first experienced Reiki in massage 20 years ago. I always enjoyed Reiki when I received it.

Then one day a couple of years ago, my friend Karen Cerato encouraged me to attend a free Reiki workshop she was holding. I found it interesting, but had no plans to pursue it.

A couple of weeks after the workshop, our dog, Shilo, fell off our deck, hurt his back and needed surgery.

While Shilo was in the hospital, he was extremely anxious and didn't eat. As I sat with him, I decided to offer him Reiki. He immediately calmed and slept. When he awoke, he got up and ate for the first time.

So, each day I visited him, I offered him Reiki. I immediately saw the changes in him. Reiki became a huge part of

his treatment. Shilo's experience inspired me to get my First Level Reiki Certification.

Reiki quickly became part of my daily routine. I started offering myself Reiki during stressful meetings and at the dentist's office. I noticed a new peace and calm that carried over into other areas of my life.

I began offering my family and friends as well as pets and horses Reiki. I saw them recover from injuries and relax in ways that they couldn't on their own. I volunteered at the Humane Society and many of the dogs found homes the days of their Reiki treatments.

Reiki helps in my Feng Shui consultations, too. It's opened me up to feel and sense energy more deeply. The two modalities complement each other nicely. Reiki

improves the energy in your body; Feng Shui improves the energy in your environment.

I've now completed my Reiki Master Certification and set up this Reiki treatment space in Amherst.



Little did I know when I said, "Yes" to Karen's free workshop that day two years ago that Reiki would become such an unexpected gift. Thank you Karen and Shilo for leading me down the Reiki path!

I'd love to share the healing and relaxing benefits of Reiki with you, too. Give me a call to book appointments for you and your pets. In love & light, -Lisa

Guided Meditations

Want to learn how to relax on a deeper level? Come join Lisa for guided meditations Wednesdays from noon-1 pm at PhyZZically Fit Fitness Studio, 360 Amherst Street, Nashua, NH (Behind Loan Max on Avard Street). All meditation levels welcome. Please bring a pillow and a friend! Fee \$10.



LISA LAW DESIGN SERVICES

27 Airport Road
Nashua, NH 03063

603 566-6109

LisaLaw@LisaLawDesignServices.com
Web: www.LisaLawDesignServices.com
Blog: LisaLawFengShui.wordpress.com

**Creating Balanced Spaces
through Feng Shui, Design,
Color and Organization**

Feng Shui Workshops



Need design inspiration? Want to learn how balancing your environment with Feng Shui, can lead to peace and tranquility in your life? Attendees find the workshops fun, inspirational and packed with useful and easy to use information.

Feng Shui Fundamentals

November 14th, 6:30-8:00 pm

Practicing Feng Shui can improve health, finances, relationships and lead to an overall feeling of well being. Come learn an overview of Feng Shui philosophy and get at least 10 ideas that you can use immediately in your spaces!

Freedom from Clutter

November 21st, 6:30-8:00 pm

Feng Shui believes that clean, harmonious, uncluttered spaces lead to balance and tranquility. Learn the deeper meaning of the stuff we hold onto and get tips and inspiration to get more organized.

Workshops are \$40 and held at the Nashua Country Club. Please call (603) 566-6109 to reserve your spot. Advanced registration required.



Looking for an unique gift?
Lisa Law Feng Shui, Design, and Reiki Gift Certificates are available.

Happy Thanksgiving!

*Wishing you and your family
a very happy day
filled with friends, family and
all the things you love
and maybe just a bit of football!
Go North!*

